

The Welburn Weekly

Ethos Statement

I know how to keep myself safe

Letters Home

York Residential (Sycamore)

Puddings

School puddings are now available to book on Parent Pay if your child is having a pack up but would like a school pudding.

The cost is £1 and it needs to be booked before 9am on the day you would like one.

Next weeks puddings include jelly and ice-cream, chocolate sponge and chocolate sauce and orange shortcake.

If you need any help making the booking, please contact the office.

Bank Holiday

Don't forget school will be closed on Monday 6th May for the May Day Bank Holiday.

Term Dates for the Diary

More details will follow about individual events. Please keep an eye on these dates for any updates during term time.

16th - 19th April - York Residential (Sycamore)

24th April - Football Malton (Oak)

30th April - National Child Measurement Programme (Reception/Y6)

1st May - Assembly with Reverend Douglas

1st May - Rounders and Cross Country Malton (Sycamore/Beech)

22nd May - Cricket/Rounders Malton (Beech)

23rd May - Intra School Cricket Tournament

24th May - Monk Park Farm (Oak)

27th - 31st May - Half Term

4th June - Class Photos

w/b 17th June - Community Week

18th June - Organ Workshop (Sycamore/Beech)

18th and 19th June - Taster Days Malton (Y6)

25th June - Malton Taster Day (Y5)

26th June - Transition morning

26th June - Multi Sports Malton (Oak)

w/b 1st July - Sports Week

2nd July - Transition morning (and lunch)

3rd July - Sports Day

9th July - Crucial Crew (Sycamore)

10th July - Robin Hoods Bay (Beech)

18th July - Leavers Assembly and Dalby Forest Trip

PTA meeting

The PTA will be holding their next meeting on Thursday 18th April at 8pm in the Crown and Cushion, Welburn.

Please come along to find out more!



Don't forget to sign up to Easyfundraising to help raise funds for the school when you shop through them.

[https://
www.easyfundraising.org](https://www.easyfundraising.org)

Instagram

Don't forget to follow our new account on Instagram:

@welburncpschool

PE (new days)

Oak Wednesday

Beech Tuesday and Wednesday

Sycamore Tuesday and Friday

Please can all children have a change of shorts, T shirt and shoes and a separate bag for their shoes. As the weather can still be cold, they also need jogging bottoms and a long sleeved top.

Uniform

Our supplier of branded uniform is <https://school-shop.co.uk/>.

The PTA still have some pre-loved uniform for sale as well. If you are interested in any items, please contact the office.

Menu week commencing 15th April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bake, broccoli, cauliflower and crusty bread.	Homemade Beefburger with bun, wedges and baked beans.	Sausage roll, roast potatoes and mixed salad.	Chicken with rice, stir fry vegetables and wrap.	Fish Friday, chips, peas, sweetcorn and whole-meal bread.
Biscuit and fruit.	Jelly and Ice cream.	Chocolate sponge and chocolate sauce.	Orange short-cake.	Rice Krispie Slice.

School meals are £3.00 per day. More information about free school meals is available here: <https://www.northyorks.gov.uk/education-and-learning/free-school-meals>

Sycamore Class braved the rain this week to learn outdoors about the points on a compass.



What Parents & Carers Need to Know about AGE-INAPPROPRIATE ¹⁸CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

WHERE IS IT FOUND?

SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.

STREAMING

The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

ADVERTS

Online adverts frequently include age-inappropriate content: usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history; so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

18 Advice for Parents & Carers

TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

CAN WE HAVE A CHAT?

CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake – but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

Meet Our Expert

Cayley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counselling to children, teenagers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better.



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#WakeUpWednesday

Sources: <https://www.education.gov.au/documents/about/programs/bullying-prevention/inappropriate-content-factsheet>
<https://www.wednesday.co.uk/wp-content/uploads/2021/04/children-media-18-year-7.pdf>



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