

The Welburn Weekly

Ethos Statement

I understand the importance of teamwork.

Letters Home

Dalby Forest

Sports Week

To continue our Sports week, we had a visit from former pupil Emily Smithson on Monday who led a dance session with each class.

On Tuesday afternoon, we held a school hula hooping competition. We were all amazed at the progress the children have made. The final was a hula hoop walking race which was won by Georgina Mackenzie from Oak Class.

SATS Results

Well done to all our Year 6's. They have done exceptionally well and the results are well above local and national results.

Robin Hoods Bay

Beech Class had a lovely trip on Wednesday and managed to avoid the rain.

They went on a weird and wonderful trail through the village, created some beach art and went fossil hunting and rock pooling.

Malton Production

On Thursday we enjoyed a visit from the Year 8 Drama Group who performed their version of Charlie and the Chocolate Factory to the whole school.

Leavers Assembly and Trip

Thursday 9.15am on the school field.

Everyone welcome.

The whole school will be going to Dalby Forest after the Leavers' assembly on Thursday for the day.

Please make sure all children have a packed lunch, sensible clothing, sun screen, a hat and plenty of drinks in a rucksack.

Rounders Event

Beech Class will be taking part in a rounders competition at Malton Sports Centre on Wednesday 17th July.

Please make sure they have their PE kit in school on Wednesday.

Term Dates for the Diary

15th July - Library
Assembly

17th July - Yoga

17th July Rounders Malton
(Beech)

18th July - Leavers
Assembly/Dalby Forest
Trip

19th July - Finish for
summer

Term starts Tuesday 3rd
September

More information with
follow about events next
term.

Welburn Village Show

Saturday 10th August from 2.00pm.

Our pupils have produced some
wonderful exhibits for this year's show on
the theme of the Olympics.

They will be displayed in the village hall
on the day.

Other children's categories are available
to enter. You can download an entry form
here:

[https://welburnvillagehall.org/wp-content/
uploads/2024/04/whs-show-schedule-
2024.pdf](https://welburnvillagehall.org/wp-content/uploads/2024/04/whs-show-schedule-2024.pdf)

Free entry, refreshments are available.

Sun Safety

Please remember to make
sure children have hats
and sunscreen in school.

Dinner and Breakfast/After School Club Payments

Please ensure that you have paid all
Dinners and Breakfast/After School Club.

Menu week commencing 15th July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta bake, broccoli, cauliflower and crusty bread.	Homemade beef burger with bun, wedges and baked beans.	Sausage roll, roast potatoes and mixed salad.	Dalby Forest.	Fish Friday, chips, peas, sweetcorn and whole- meal bread.
Biscuit and fruit.	Flapjack.	Choc sponge and choc sauce.		Iced Finger.

School meals are £3.00 per day. **Toast is 20p a day and a pudding is £1.**

More information about free school meals is available here: [https://
www.northyorks.gov.uk/education-and-learning/free-school-meals](https://www.northyorks.gov.uk/education-and-learning/free-school-meals)

Hula Hoop Competition



Our overall winner

Beech Class - Robin Hoods Bay



What Parents & Educators Need to Know about GAMBLING

Gambling can be defined as betting or risking money or something of value on the outcome of a situation involving chance. Under current regulations, gambling is legal for adults in the UK. Its potential impacts on the wellbeing of individuals, families and communities are well documented – emphasising the importance of safeguarding children and young people against these hazards.

WHAT ARE THE RISKS?

MANIPULATIVE ADVERTISING

Adverts for online bookmakers and betting exchanges can raise concerns about targeting vulnerable groups, fostering addiction, promoting misleading expectations, impacting mental health, affecting social norms, posing regulatory challenges, influencing minors and other ethical issues. Effective regulation, responsible advertising practices and public education are essential to mitigate these concerns and address the potential harms associated with excessive exposure to manipulative advertisements.

FREE BET!

ADDICTIVE FEATURES

All gambling products carry safety concerns, but some can be even riskier and more addictive. The frequency with which people can place bets can encourage them to do so often – with rapid spins and multiple betting options, for example. Betting on sports events, especially with live in-play betting options, can be highly engaging and habit forming. The 24/7 availability of online platforms can also increase the risk of excessive gambling, particularly among young people.

PEER PRESSURE

Exposure to gambling through friends, influencers or social circles can normalise risky behaviour and create unrealistic expectations about the chances of winning. Addressing peer influence requires support services, responsible advertising practices and effective education on the subject to minimise the impact on children and promote healthier choices.

IMPACT ON MENTAL HEALTH

Gambling can exacerbate mental health issues such as anxiety, depression, and stress – especially if it leads to financial loss. Individuals with existing mental health conditions may use gambling as a coping mechanism – but the cycle of gambling can worsen their symptoms, creating a detrimental impact on overall wellbeing. Integrated support services and treatment options are crucial to address these interconnected challenges effectively.

GATEWAY BEHAVIOURS

Certain features of other products – such as video games that offer in-game purchases – can lead to gambling among young people. These mechanisms can sometimes be designed to exploit psychological vulnerabilities, encouraging repeated spending to acquire virtual items or advantages. Such practices can normalise the associated risks and desensitise young people to putting their or their family's money in danger.

FINANCIAL DIFFICULTIES

The most common impacts of online betting come in the form of financial losses and debt. This, in turn, can lead to distorted perceptions of money, deterioration of relationships, social isolation, and poor academic and career outcomes. Regular gambling can even exacerbate other risky behaviour by making it seem less significant – potentially leading to a cascade of health impacts and financial loss.

Advice for Parents & Educators

ENCOURAGE OPEN DISCUSSIONS

Sporting events can be a good opening for conversations about gambling, as some sponsorships may reference and even glamourise it. Talk to children about how these promotions make them feel and encourage frequent conversations about any concerns they may have. Adverts, influencers and online platforms may also feature gambling products. As a child grows, it's important to encourage their critical thinking skills to help them avoid being manipulated by this type of marketing.

KNOW THE WARNING SIGNS

Parents and educators should be vigilant for signs of gambling harm among young people. Look for changes in their behaviour such as increased secrecy, unexplained money issues, mood swings or withdrawal from their usual activities. Open conversations about gambling risks and maintain a supportive, non-judgemental environment. Try to familiarise yourself with resources and helplines for assistance and guidance.

MONITOR SPENDING

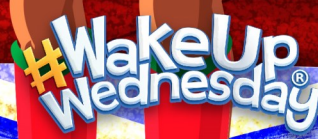
In-game purchases can be appealing to children, allowing them to unlock new features or cosmetic items in a fraction of the time it would take to win them by playing. Talk to children about how they spend money online; an interest in what video games they play can encourage the conversation. Consider setting up restrictions on their devices, requiring their parent or carer's permission before making any purchases. Talk about finances regularly and openly.

GET FURTHER SUPPORT

Support and treatment for young people is available via the Young People's Support Service at GamCare, who can be contacted at 0808 8020133. A link to their website has also been included in the sources of this guide, along with links to several other support networks. Your GP and local NHS gambling clinic are also available if you require additional advice. Don't hesitate to reach out for help if you're concerned about a child's gambling behaviour or their financial situation.

Meet Our Expert

Ygam's mission is to prevent children and young people from experiencing gaming and gambling harms through awareness raising, education, and research. The charity was established in 2014 as a result of the lived experience of their founders.



Source: See full reference list on guide page at <https://nationalcollege.com/guides/gambling>

X @wake_up_weds

f /wuw.thenationalcollege

ig @wake.up.wednesday

music @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 26.06.2024