

The Welburn Weekly

Ethos Statement

I know what values are.

Our weekly Ethos Statement is embedded into our school week. This could be in lessons, assemblies or at playtimes.

Letters Home

Sports Club (Sycamore and Beech)
Sycamore Class Acceptable Use of Computers.

Welcome!

A warm welcome to our new reception pupils: Stanley Burgess, Winnie Costello, Tobias Edwards, Quinn Fenton, Otis Leonard, Monty Leppington and Beatrice Smith.

PE kit reminder

Please can you make sure your child has their PE kit in school. Pupils need a change of top/shorts and suitable footwear such as trainers in a separate bag (all with name labels).

Oak Wednesday

Beech Tuesday and Wednesday

Sycamore Tuesday and Friday

Please can we remind parents that for Health and Safety reasons earrings or other jewellery cannot be worn for PE. Your child should be able to remove their earrings or alternatively, please remove them before school on PE days.

Term Dates for the Diary

- 18th September - Science Bus (Sycamore)
 - 19th September - School Council Elections
 - 25th September - Cross Country
 - 27th September - Macmillan coffee afternoon
 - 2nd October - Beech Class Yorkshire Museum
 - 2nd October - Sycamore Football, Malton
 - 10th October - School Photos
 - 17th October - Harvest Festival
 - 23rd October— Parents Evening
 - Half term - 28th October - 1st November
 - 6th November - Beech Class Football, Malton
 - 13th November - School Open Morning
 - 20th November - Tag Rugby
 - 25th November - Flu immunisation
 - 4th December - Christmas Fair
 - 10th December - Oak Christmas Performance
 - 12th December - Pantomime, lunch and non-uniform day
 - 17th December - Beech and Sycamore Christmas Play
 - 18th December - Activity Day
 - 19th December - Christmas parties
 - 20th December - Carol singing.
- More information will follow.

Wraparound Care

Breakfast Club and After School Club run every day during term time.

Breakfast Club starts at 7.30am and After School Club runs from 3.30pm to 6.00pm.

Breakfast Club

1st child = £5.00 per session
Siblings = £4.00 per session

After School Club

3.30 - 4.30pm £5.00

3.30 - 5.30pm £8.00

3.30 - 6.00pm £10.00

Discounts available for siblings.

We have places available for both clubs. Please email admin@welburn.n-yorks.sch.uk or phone 01653 618301 for more information or to make a booking.

Ad-hoc and last minute bookings can be accommodated as long as there is space.

Sports Club

Tuesday 3.30—4.15pm

Sports Club begins again on Tuesday 10th September for pupils in Sycamore and Beech Class.

If you would like your child to attend, please complete and return the slip which was sent out this week.

Packed Lunches

Please can you ensure that all packed lunches and water bottles are clearly labelled with your child's name.

We also ask that packed lunches don't contain products which contain or may contain peanuts.

Menu week commencing 10th September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni cheese, broccoli, sweetcorn and crusty bread.	Chicken goujons, rice, green beans, cauliflower and pitta.	Sausage plait, mashed potatoes, carrots, cabbage and gravy.	Pasta bolo-gnaise, broccoli, cauliflower and garlic bread.	Fish Friday, chips, baked beans and wholemeal bread.
Muffin.	Flapjack.	School Cake.	Choc Fudge Pudding and choc sauce.	Grannie's Crunch.

School meal prices are £3.00 per day. More information about free school meals is available here: <https://www.northyorks.gov.uk/education-and-learning/free-school-meals>

Our reception pupils have had a great first week and settled in really well.



Term and holiday dates for academic year 2024 - 2025

Term starts: Monday 2nd September 2024

Professional development training day: Monday 2nd September 2024

Children back Tuesday 3rd September 2024

Half term holiday: Monday 28th October 2024 to Friday 1st November 2024

Term ends: Friday 20th December 2024

Christmas holiday: Monday 23rd December 2024 to Friday 3rd January 2025

Professional development training day: Monday 6th January 2025

Children Back Tuesday 7th January 2025

Half term holiday: Monday 17th February 2025 to Friday 21st February 2025

Term Ends: Friday 4th April 2025

Easter holiday: Monday 7th April 2025 to Monday 21st April 2025

Professional development training day: Tuesday 22nd April 2025

Children back Wednesday 23rd April 2025

May Bank Holiday Monday 5th May 2025

Half term: Monday 26th May 2025 to Friday 30th May 2025

Professional Development training days 21st and 22nd July 2025

Term ends: 22nd July 2025

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.



2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.



3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.



4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.



5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.



6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.



7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.



8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.



9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.



10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.



Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>

Malton Library

Mon 9.30-5 Tues 9.30-7 Weds 9.30-5 Thurs CLOSED Fri 9.30-5 Sat 9.30-12.30

What's on in September

SPECIAL EVENTS - ALL FREE!

- **Summer Reading Challenge for 4-11yr olds**

Finishes on Saturday 7th September

Call in to the library before the 7th to complete the challenge and claim your rewards!

- **Know your Numbers Week, 2nd - 8th September**

Pop in to see us this week and check your own blood pressure on one of our monitors.

- **Buzzy Bee Bed & Breakfast Trail**

Monday 9th September - Saturday 21st September

Calling all under 5's! Come and join our new and improved Buzzy Bee scheme and have a go at our Buzzy Bee B&B Trail for a chance to win your very own Buzzy Bee soft toy.

- **Police Property Marking Event**

Saturday 14th September, 10am-12noon

- **Eye Health Week, 18th-24th September**

Monday 23rd September, 10.30am-12noon, **Sight Support Drop-in**

- **'Have a go Day' with Swinton & District Training Band**

Saturday 28th September, 9.30am-12noon, ages 7+

Come along and have a go on an instrument and find out more about Swinton Brass Band

- **'Author Recommends' Displays**

From Monday 30th September for six weeks

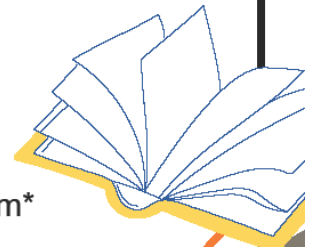
Ever wondered what your favourite crime writer reads themselves? Pop in to find out as we share author recommendations for you to try.



REGULAR SESSIONS

**Booking essential, please email or phone the library*

- **Children's Stay and Play Session**, Mondays 10.30-11.30am
- **Junior Code Club***, Monday monthly 4pm-5pm 9/9, 7/10, 4/11, 2/12
- **Junior Book Club***, Tuesday monthly 4pm-5pm 17/9, 15/10, 19/11, 17/12
- **Children's Storytime and Crafts**, Tuesdays 10.30am
- **Pins & Needles Craft Club**, Tuesdays 5-7pm
- **Advocacy Drop In**, First Tuesday of the month 10am-12 noon
- **IT Help Appointments**, Wednesdays 1-3pm, Fridays 12pm-2pm*
- **Lego Club**, Wednesdays 1-3pm and Saturdays 10am-12 noon
- **Board Games Club**, Fridays 2-4pm



 Find us on Facebook

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