

# The Welburn Weekly

## Ethos Statement

I understand individual liberty.

## Letters Home

Christmas Dinner

## Open Morning

Thank you to everyone who attended our open morning and well done to Sycamore class for providing very informative tours.

## Class News

**Oak** - In Computing we have been using the straight line and shape tool to create Mondrian pictures. In Science we have been learning about the rainforest habitat and learned the Rainforest Song.

**Beech** - in Science we have been investigating friction on different surfaces and in DT we have started building levers using Knex.

**Sycamore** - we enjoyed preparing and giving our tours for the School Open Morning. We have also started rehearsing for our Christmas play.

## Christmas Fair

Wednesday 4th December 1.30pm

Tickets will go on sale next week. It is £2 a ticket which includes a hot drink and mince pie.

Raffle tickets will also be sent home next week for you to sell. We have some great prizes including tickets to the races, vineyard tour, Escape Room, chocolate hamper, meal vouchers and much more!



## Wear Something Odd Day

As part of Anti-Bullying Week, we enjoyed wearing something odd on Thursday. There were different hairstyles, clothes on inside out and back to front and lots of odd socks and shoes.

## Flu immunisation

Flu immunisation is on Monday 25th November. If you haven't already, please go online and provide your consent :

<https://ynv.schoolvaccination.uk/flu/2024/northyorkshire>

### Clubs

The last Singing club is Monday 18th November.

The last Sports Club is Tuesday 3rd December.

There will be no After School Club on Friday 20th December.

### Winter Clothing

Please can you make sure that children have warm coats and wellies in school.

We are regularly going to the woods so children must have their wellies in school.

Please can you make sure that all jumpers, coats and wellies are clearly labelled.

### Term Dates for the Diary

20th November - Tag Rugby  
23rd November - Welburn Village Christmas Fair (1.30pm - 3.30pm)  
25th November - Flu immunisation

4th December - Christmas Fair (1.30pm)

10th December - Oak Christmas Performance (9.30am)

12th December - Pantomime, lunch and non-uniform day

17th December - Beech and Sycamore Christmas Play (2.30pm and 6.30pm)

18th December - Activity Day

19th December - Christmas parties

20th December - Carol singing.

6th January - Training Day

7th January - Return to school.

More information will follow about Christmas events.



### Menu week commencing 18th November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza, wedges, peas and sweetcorn. Raspberry Bun.	Mild chilli con carne, rice, green beans, cauliflower and wrap. Lemon Drizzle Cake.	Chicken, Yorkshire pudding, mashed potatoes, carrots, cabbage and gravy. Biscuit and fruit.	Sausage pasta with tomato sauce, broccoli, cauliflower and crusty bread. Jam Sponge and custard.	Fish Friday, chips, peas, sweetcorn and wholemeal bread. Choc Krispie.

School meal prices are £3.00 per day. More information about free school meals is available here: <https://www.northyorks.gov.uk/education-and-learning/free-school-meals>

# 10 Top Tips for Parents and Educators ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

## 1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

## 2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

## 3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

## 4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

## 5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

## 6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

## 7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

## 8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demansing each other.

## 9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

## 10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

## Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/choose-respect>



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 06.11.2024

**Anti-Bullying Week - Wear Something Odd**



## Beech Class investigating friction in Science

