

The Welburn Weekly

Ethos Statement

I understand the importance of diversity.

Letters Home

Class Leaflets

Class News

Sycamore - In Geography, we have been learning about North America and in Maths we have been learning about percentages. We then combined the two and drew a diagram to represent the land use in North America in percentages.

Beech - We have been learning about fossils in Science. As part of our Literacy, we have been watching a film called "Taking Flight".

Oak - We have created dragon eyes from clay in relation to the books we have been reading. We also went for a walk to explore the village church.

Puddings

School puddings are available for any children who bring packed lunches. The cost is £1 and it is bookable on Parent Pay.

Puddings for next week are:

Monday - Muffin

Tuesday - Biscuit and fruit

Wednesday - Orange shortcake

Thursday - Jam sponge and custard

Friday - Iced Finger

If you are unsure how to book it on Parent Pay, please contact the office.

Bags 2 School

Thank you to everyone who brought donations for the Bags 2 School collection in December.

We raised £44.00.

Peat Rigg Residential Meeting

There will be a meeting for parents/carers of Sycamore Class at 3.30pm on Tuesday 11th February.

Don't forget, the payment option is also available on Parent Pay. Please remember, you can pay by instalments.

Sports Tournament

Dodgeball will be the next event in our Intra School sports tournament on 5th February.

Please make sure your child has their PE kit in school that day, including joggers and a jumper/hoodie.

School Email

admin@welburn.pmat.academy

Please can you ensure that you use this email address in all correspondence going forward.

PE

Oak Tuesday and Wednesday

Beech Wednesday (Tuesday Swimming)

Sycamore Tuesday and Friday

Please can all children have a change of shorts, T shirt and shoes for PE.

As the weather is now cold, they may also want jogging bottoms and a long sleeved top.

Term Dates for the Diary

5th February - Intra-School Dodgeball Tournament

5th February—Reception and Year 6 Child Measurement Programme

11th February - Peat Rigg Residential Meeting 3.30pm

12th February - Oak Dodgeball Malton

17th - 21st February Half Term

5th March - Parents Evening

6th March - World Book Day

12th - 14th March— Sycamore Residential

19th March - Sycamore Netball Malton

26th March - Intra-School Basketball Tournament

3rd April - PTA Easter Event

4th April - Egg Rolling

4th April - Break up for Easter

7th April - 21st April Easter Holidays

22nd April - Training Day

23rd April - Pupils return to school

Menu week commencing 3rd February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza, wedges and vegetables. Muffin.	Chicken goujons, rice, vegetables and wrap. Biscuit and fruit.	Sausage, mashed potatoes, vegetables and gravy. Orange short-cake.	Pasta bolognese, vegetables and pitta bread. Jam sponge and custard.	Fish Friday, chips, vegetables and wholemeal bread. Iced Finger.

School meal prices are £3.00 per day. More information about free school meals is available here: <https://www.northyorks.gov.uk/education-and-learning/free-school-meals>

Sycamore Class - Reading for Pleasure



Beech Class spent a maths lesson in the woods measuring the circumference of trees.



10 Top Tips for Parents and Educators

ENCOURAGING OPEN CONVERSATIONS AT HOME

With tricky topics and occasional clashes of opinion, it can be challenging to maintain an environment where children feel able to talk candidly and honestly. However, encouraging such conversations helps to develop trust – making it easier to unpack even sensitive subjects as children get older. Here are our top tips for promoting open conversations at home.

1 CREATE A SAFE SPACE

Criticism, blaming or shaming can all prevent children from feeling emotionally safe – while showing affection, positive attention and an interest in what a child has to say builds their sense of security. These formative years are when children's opinions and values begin to take shape, so it's important to provide a non-judgmental environment in which to discuss them – especially if their opinions differ from your own.

2 CONSIDER OTHER OUTLETS

Some children may find it easier to talk while they're participating in another activity such as drawing, writing, walking or sport. If it's possible, taking part in these activities together presents you with an opportunity to communicate while doing something side by side. A child may feel less pressure that way and can be more inclined to open up of their own accord.

3 NORMALISE CHATS ABOUT FEELINGS

Incorporate mental health and emotional wellbeing into everyday conversations, using age-appropriate language and examples to help children understand their emotions. Ask questions like "How are you feeling today?", "What was the best and worst part of your day?", "If you could start today again, what would you do differently?" and "Is there anything you want to talk about?"

4 LISTEN ACTIVELY

When children express themselves, make it obvious that you're listening closely and giving them your full attention. Maintain eye contact and validate their feelings without immediately trying to solve the problem. It's not helpful to dismiss their issues as childish or 'teenage angst' – or to assume that they'll simply 'get over' whatever they're feeling. Children don't have your life experience; their resilience is still developing as they learn to push through difficulties and handle problems.

5 ASK OPEN QUESTIONS

Encourage children to share their thoughts by asking open questions about their feelings and experiences. Closed questions (such as "Did you enjoy school today?") are more likely to elicit a simple "yes" or "no" response. Instead, you could ask things like "Who did you spend time with at break?" or "Who did you sit with at lunchtime?"

6 RESPECT THEIR BOUNDARIES

If a child isn't ready to talk to about something yet, respect their boundaries: this reinforces that their feelings are important and worthy of consideration. Ideally, you're aiming to let them know you care without smothering them, so just make it clear that you're there for them whenever they're ready to chat. Gentle, regular check-ins can sometimes be the best form of progress.

7 LEAD BY EXAMPLE

Model open, honest and healthy communication in front of children and young people. Try to demonstrate kindness when talking about others and yourself, because if children hear adults being overly harsh, critical or judgmental, or see them having unrealistic expectations of themselves, it makes them more likely to adopt and repeat this behaviour themselves as they grow.

8 HAVE REGULAR CHECK-INS

Check in with children periodically to discuss how they're feeling and what's going on in their lives. This could be a weekly or monthly conversation, where the child has an opportunity to share whatever's on their mind. For parents and carers, getting away from the house and other distractions might be productive here; you could consider regular trips to a coffee shop or a café, or just a weekly walk.

9 PROVIDE RESOURCES

It's often beneficial to let children know about other support that's available to them if they're struggling to talk to you specifically. Encourage them to talk to school counsellors, trusted adults or even a therapist, if necessary – while normalising this route and dispelling the harmful stigma around asking for help. Older children could engage with resources such as Kooth or YoungMinds.

10 CELEBRATE EMOTIONAL EXPRESSION

It's beneficial to praise children for expressing their feelings honestly – emphasising how important it is to talk about their emotions and how proud you are of them for doing so. This can be especially pivotal for boys, who often experience more of a stigma around talking frankly about their feelings and their mental health – a barrier that can be overcome, with enough love and support.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday®

The National College®

OUR SCHOOLS ARE RECRUITING



Support Staff Vacancies

For details and to apply, visit our [website](#) or scan the QR code

Job	School Cleaning Assistant
School	Badger Hill Primary School
Details	Grade 2, Level 1. Current hourly rate is £12.20. This is a permanent position. 12.50 hours/week Hours of Work : 3pm-5.30pm Monday to Friday Term Time Only, plus 4 weeks working in the school holidays to undertake deep cleans.
Closes	Monday 10th February at 08.00am

Job	Teacher of Geography (Maternity Cover)
School	Malton School
Details	Grade: MPS Hours: From 0.8—1 FTE Fixed term basis to cover a maternity leave Required from June 2025 until April 2026.
Closes	Monday 10th February at 08.00am

Job	After School Club Supervisor
School	Welburn Community Primary School
Details	Grade: Scale point 5 (£24,790 per annum pro rata). Contract Type: Term time only Hours: 6 hours per week with a possibility of up to 9 hours.
Closes	Friday 31st January at Midday

Job	Teaching Assistant (TA2)
School	Heworth CE Primary School
Details	Teaching Assistant – Grade 4, Level 1 – 4 £24,335 to £25,503 per annum, reduced pro rata. Term time only. Monday-Friday: 8:30am to 3:30pm. The role is initially available on a fixed-term contract basis until 31 August 2025.
Closes	Thursday 6th February at Midday

Job	Teacher of Science
School	Archbishop Holgate's School
Details	Main scale / UPS. TLR available for the right candidate to lead development and coordination of KS3 Science curriculum. Required from 22 April 2025
Closes	Monday 3rd February at 08.00am

Pathfinder Multi Academy Trust is an equal opportunities employer, committed to safeguarding and promoting the welfare of children. Enhanced DBS check required.



Pathfinder
Multi Academy Trust